

**Breakthrough Pediatrics, PLLC**

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Pediatrics, PLLC**

## 2021 Membership Rates & Benefits

**Ages 0-2: \$200/month**, which includes four optional at-home visits through the first two months of life.

### **Ages 2+: \$150/month**

Membership includes flexible scheduling, minimal or no wait times, 60-minute appointments with Dr. Watson for new patients, and direct access to the doctor via a dedicated patient line and secure text, email, and video.

**Office visits typically incur no charge** (other than materials costs where noted). Membership benefits are as follows:

#### **Wellness Visits & Sports Physicals (per the American Academy of Pediatrics Schedule)**

Which include:

- Detailed history and physical examination
- Blood pressure monitoring
- Basic vision screening
- Review of family history and social history
- Routine behavioral and developmental screenings
- Chronic illness diagnosis and management
- Assessments of mental health, nutrition, lifestyle, sleep, and any health risks
- Anticipatory guidance and individualized counseling – focus on safety and injury prevention
- Discussions about behavioral issues and other common parental concerns
- Annual, in-depth wellness evaluation to include exercise and dietary plan
- Direct access to Dr. Watson via patient portal, telehealth, phone, text, or email

...and include the following as needed:

- In-office screenings for anemia, diabetes, lead levels, and cholesterol levels
- *Prescriptions at wholesale or close to wholesale costs*
- Form completion as needed by Dr. Watson
- Specialist consultations/referrals (Specialist fees are not included in the membership fee and are the patient's responsibility)
- Care coordination with specialists

#### **Acute & Sick Visits**

Which include as needed:

- Same or next day appointments, after hours appointments are usually available when necessary
- Treatment as needed, *with prescriptions available at wholesale or close to wholesale*
- Care for simple wounds, infections, and minor burns
- Management of acute strains and sprains
- *Suturing (stitches) for lacerations (materials cost applies)*
- Suture (stitch) removal
- Foreign body removal (skin, ears, nose)
- Lavage and removal of cerumen (ear wax)
- Incision and drainage of skin abscesses
- Nebulizer treatments for respiratory issues

#### **Lab Services**

##### **In-Office at greatly reduced cash-pay prices**

- Fecal occult blood testing (included)
- Urinalysis (included)
- Urine pregnancy testing (included)
- Mononucleosis testing (included)
- *Rapid test for group A Strep, RSV, Influenza A & B, and COVID (materials cost applies)*

##### **From select outside vendors at drastically reduced, cash-pay rates:**

- *In-office blood draws sent to LabCorp or Quest Diagnostics for more robust lab-work*
- *Screenings (anemia, diabetes, lead level, cholesterol panel, etc.)*